



ALL INDIA INSTITUTE OF AYURVEDA (AIIA), GOA.

A SATELLITE CAMPUS OF ALL INDIA INSTITUTE OF AYURVEDA (AIIA), NEW DELHI.

(An Autonomous Institute under the Ministry of AYUSH, Govt of India,
Gautampuri, Sarita Vihar, Mathura Road, New Delhi – 110076)

AYURVEDA DIETICIAN COURSE

Approved by Healthcare Sector Skill Council (HSSC),
Skill India Program, Government of India, and running under
Office of AYUSH Sub Sector Skill Council, All India Institute of Ayurveda, New Delhi.

ACADEMIC BROCHURE : FEBRUARY 2025 BATCH



Direct Admission to Ayurveda Dietician Course

Last Date of Application: 28th February 2025

ALL INDIA INSTITUTE OF AYURVEDA (AIIA), NEW DELHI



All India Institute of Ayurveda, New Delhi
is now NAAC A++ accredited 🙌🙌

All India Institute of Ayurveda (Alla), New Delhi.



- **All India Institute of Ayurveda, Delhi is an apex institute of Ayurveda in India.**
- **Alla aims at bringing synergy between traditional wisdom of Ayurveda along with modern tools and technology.**
- **Alla offers graduate, post graduate and doctoral courses in various disciplines of Ayurveda.**
- **Alla focuses on fundamental research in Ayurveda, drug development, standardization, quality control and scientific validation of Ayurvedic principles and practices.**
- **Alla has 200-bed hospital for facilitating patient care and clinical research.**
- **Alla also works as a nodal center for international collaborative research work in Ayurveda.**

ALL INDIA INSTITUTE OF AYURVEDA (AIIA), GOA CAMPUS.



- The Satellite Campus of All India Institute of Ayurveda, New Delhi is established by Ministry of AYUSH, Government of India in Dec 2022 at Dhargal Village, Pernem Taluka, North Goa.
- This institute is affiliated to National Council of Indian Medicine (NCISM), Government of India, and Goa University.
- BAMS Course with 100 Students Capacity is started from the Academic Session 2023-24.
- The AIM of AIIA, Satellite Campus, Goa is to provide Integrated and Holistic Health Care for Health Promotion, Disease Prevention and Root Cure through Ayurveda and Yoga.
- Currently the **Department of Swasthavritta and Yoga** is running **Ayurveda Dietitian Course**, which is started in 2023 under Healthcare Sector Skill Council (HSSC), Skill India program, Government of India and Office of AYUSH Sub Sector Skill Council, All India Institute of Ayurveda, New Delhi.

“PATHYAHARA KENDRA” AYURVEDA DIET CENTRE



- **Allia Goa** has an **AYURVEDA AHAR KENDRA** i.e. **PATHYAHARA KENDRA (AYURVED DIET CENTRE)** which focuses on providing **Hitahara i.e., Healthy Diet** for Healthy Individuals and **Pathyahaara i.e., Disease wise Healthy Diet** for Patients.
- The AIM of **AYURVEDA AHAR KENDRA** i.e., **AYURVED DIET CENTRE** is to provide **Ayurvedic and Yogic Dietetics and Nutrition Services** for Health Promotion and Disease Prevention and Root Cure.
- It is functioning as a distinguished **Centre for Academic Clinical and Research Activities** in **Ayurvedic and Yogic Dietetics and Nutrition**.

ALL INDIA INSTITUTE OF AYURVEDA, (AIIA), GOA HOSPITAL



- **THE AIIA HOSPITAL HAS ALREADY WITNESSED AN AVERAGE OF 600 OPD PATIENTS PER DAY. IT IS NOT ONLY BECOMING FAMILIAR TO THE LOCAL POPULATION OF GOA BUT ALSO ATTRACTING MANY FOREIGNERS WHO ARE WILLING TO TAKE AYURVEDA CONSULTATION AND TREATMENTS IN THE HOSPITAL.**
- **THE AIM OF AIIA, GOA IS TO PROVIDE INTEGRATED AND HOLISTIC HEALTH CARE FOR HEALTH PROMOTION, DISEASE PREVENTION AND ROOT CURE THROUGH AYURVEDA AND YOGA.**
- **THE PRESENCE OF AIIA, IN THE GOA STATE OF INDIA, WHICH IS ENRICHED WITH INCREDIBLE BIODIVERSITY, MEDICINAL PLANTS AND DIVERSE CULTURE, CAN MARK ITS PRESENCE IN THE FIELD OF AYURVEDA GLOBALLY IN NEAR FUTURE.**
- **THE AIIA, GOA, CAN SOON REALM INTO INTERNATIONAL WELLNESS TOURISM DESTINATION IN THE FIELD OF AYURVEDA AND YOGA IN INDIA.**

AIIA GOA HOSPITAL

“PATANJALI”

HEALTH AND WELLNESS SECTION



- AIIA, Goa, has started a special **“Patanjali”** Health and Wellness Section in the Hospital Block which focuses on **Integrative Personalized Holistic Health Care and Wellness** for Positive Health Promotion and Disease Prevention and Cure through **Ayurveda and Yoga**.
- The section has a **Swasthya Rakshana i.e. Health and Wellness OPD** with a separate extension for Diet and Yoga under the Department of Swasthavritta and Yoga.

SWASTHYARAKSHANA OPD IN WELLNESS SECTION FOR HEALTH & WELLNESS THROUGH AYURVEDIC DIET LIFESTYLE & YOGA

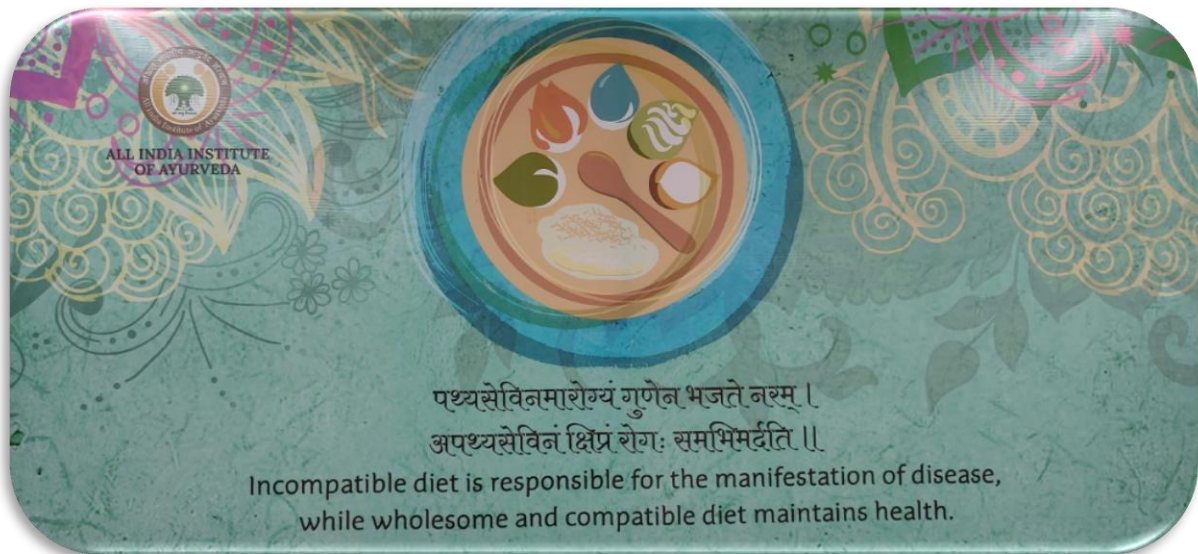


In Swasthyarakshana OPD i.e. **Health and Wellness OPD**
Diet, Lifestyle and Yoga Consultation,
Demonstration and Experimentation is done.

AYURVEDA DIETICIAN COURSE : **FEBRUARY 2025 BATCH**

What is AYURVEDA AHARA?

- **Ayurveda** is one of the most popular and accepted traditional medicinesystems across the globe.
- **Ahara (food)** is the most important factor for sustenance of life. It is described as foremost pillar among the three pillars of life (Trayopsthabha viz. Ahara, Nidra and Bhramcharya) in Ayurveda.
- **Ayurveda Aahara** as food prepared using Recipes, Ingredients, and Processes from Authoritative Ayurveda Books.



THE AYURVEDA DIETITIAN COURSE OFFERS :

- **This course helps learners to become technically trained and confident through deeper insights of the healing science of Ayurveda and its unparalleled Principles & Practices of Dietetics and Nutrition.**
- **This course provides an ultimate opportunity for the learners to place themselves globally in a very high demanding job in Ayurvedic Hospitals, Health Resorts, Wellness Centers etc. (Skill India: NSQF=5)**
- **The demand for skilled Professionals in Ayurvedic Dietetics and Nutrition is on high-rise as the acceptance of Ayurveda is widely spreading across the globe.**

THE SCOPE OF AYURVEDA DIETICIAN COURSE:

Ayurvedic Dietetics is expanding rapidly, driven by the growing interest in holistic and natural wellness. As people become more conscious of their health, the demand for experts who can provide personalized dietary advice based on Ayurvedic principles is increasing.

CAREER OPPORTUNITIES:

1. **AYURVEDIC NUTRITIONIST & COUNSELLOR:** Prescribe personalized diets based on individual requirements, considering their eating habits, likes, and dislikes.
2. **AYURVEDIC DIETITIAN & CONSULTANT:** Consult on proper nutritional and dietary standards, designing diets for patients, students, or other clients.
3. **RESEARCH POSITIONS:** Explore the fields of medicine, public health, and agriculture, focusing on the intersection of Ayurveda and modern science.
4. **HEALTHCARE INDUSTRY:** Work in Ayurvedic Institutes, Hospitals, Clinics, or Wellness centres, SPAs, Resorts etc. applying Ayurvedic principles to promote health and wellness.
5. **PRIVATE CONSULTANCIES:** Establish your own practice, offering personalized Ayurvedic dietary advice to clients.

KEY SKILLS:

1. In-depth knowledge of Ayurvedic principles and dietary practices
2. Understanding of nutritional science and its application in Ayurveda
3. Excellent communication and counselling skills
4. Ability to design personalized diets and lifestyle plans.

FUTURE PROSPECTS:

As the popularity of Ayurveda is continuously growing, the demand for skilled Ayurveda dieticians is increasing.

With the rising awareness towards holistic health, Ayurvedic Dietetics shall experience significant growth in near future.

CLINICAL AND CONSULTATION ROLES:

1. **Ayurvedic Dietitian:** Work in hospitals, clinics, or wellness centres, or Wellness centres, SPAs, Resorts etc. providing personalized dietary advice to patients.
2. **Nutrition Consultant:** Offer expert advice on Ayurvedic nutrition and dietetics to individuals, families, or corporate clients.
3. **Health Coach:** Guide clients in achieving their health goals through Ayurvedic principles, Diet and lifestyle modifications.
4. **Telehealth Consultant:** Offer online Ayurveda Diet consultations and coaching services to clients worldwide.

EDUCATION AND RESEARCH:

1. **Teacher:** Teach Ayurvedic dietetics and nutrition in colleges, universities, or online institutions.
2. **Researcher:** Conduct studies on the efficacy of Ayurvedic diets and nutrition in various health conditions.

INDUSTRY AND ENTREPRENEURSHIP:

1. **Product Developer:** Create Ayurvedic food products, supplements, or herbal remedies.
2. **Wellness Center Owner/Manager:** Establish and manage wellness centers, spas, or retreats offering Ayurvedic services.
3. **Ayurvedic Food Blogger/Writer:** Share recipes, articles, and blogs on Ayurvedic nutrition and dietetics.

DIRECT ADMISSION TO AYURVEDA DIETICIAN COURSE : FEB 2025 BATCH

Eligibility for Admission : B.A.M.S. (Degree Completed Candidates Only)

Age Limit : 25 – 40 Years

Health Status : The candidate must be physically fit along with good physical and mental endurance.

Duration : 6 Months (Full Time - Physical Presence Mode Only)

Medium of Instruction : English and Hindi

Seats : 30 per Batch

Canteen Facility : Available on Monthly Payment basis.

Hostel Facility : Not Available (As per Availability Accommodation may be Provided to some candidates on First come First and Monthly Payment Basis)

Selection Procedure : Direct Admission Based on Merit on or before 28th Feb 2025.

Direct Selection : After the scrutiny, candidates Direct Selection will be done by the institute on physical Mode.

Admission Confirmation : Candidates have to join physically to the institute and Submit soft and hard copy of both Demand Drafts (DD) of 1) Admission form fee as per category and 2) Admission confirmation DD of fees Rs. 16,000/- on or before 28th February 2025.

Counseling and Medical Examination :

- Provisionally selected candidates have to appear at the institute for counseling on specified date and time at their own expenses.
- Candidates shall send a medical fitness certificate duly authorized by Registered Medical Partitioner.
- Candidate will be medically examined by a Medical Board of the institute, to certify their medical fitness.

Admission Confirmation Policy:

- ❖ The admission of the candidates will be confirmed and the course will commence only if minimum 5 Students have finalized the admission in a Batch or as per the directions of competent authority.
- ❖ The date of commencement of course will be communicated with the students after approval of the competent authority.

Admission Cancellation Policy:

- The cancellation of admission and refund of fees will not be allowed as the date of admission is extended from 15th January 2025 to 28th February 2025.
- Hence, no refund of fees will be done in any case.

AYURVEDA DIETITIAN COURSE : FEB 2025

GENERAL INFORMATION AND CONDITIONS:

Applicants are advised to read all instructions carefully before sending their applications

1. All applicants must fulfill the essential requirements of the course and other conditions stipulated in the advertisement as on the last date of receipt of the applications (28th February 2025). They are advised to satisfy themselves before applying that they possess essential criteria laid down. Candidates waiting for their B.A.M.S. result may also apply, provisionally. Such candidates must pass qualifying examination on or before the date of counseling.
2. If any document/Certificate furnished in a language other than Hindi or English, a transcript in Hindi/English of the same duly attested by a Gazette Officer or Notary is to be submitted.
3. The date for determining the age and qualification will be the closing date prescribed for receipt of application.
4. Institute reserves the right to make any amendment, cancellation, and changes in this advertisement in whole or as per part without assigning any reason thereof.
5. Any corrigendum/order regarding this advertisement will be issued on the website only. Candidates are advised to remain in touch with the website for this purpose. No separate corrigendum etc. will be published in Newspaper.
6. Applicants will be fully responsible for the accuracy of the information they furnish. Any information furnished by the candidate if found wrong at any stage will result in his/her disqualification and/or dismissed from the Course at any stage and No correspondence will be entertained at all.
7. The entrance exam / interview /call letter, if shortlisted shall be sent by speed/registered post or e-mail. However, the Institute shall not be responsible for any postal delay or lapse, whatsoever.
8. Joining any other Course or Duty of any type shall not be permitted during the course.
9. 90% Attendance is mandatory during the course.
10. No Correspondence or personal inquiries shall be entertained.
11. In case of any dispute on this issue, the jurisdiction will be Delhi.
12. Canvassing in any form will be treated as a disqualification.
13. The decision of the Director, All India Institute of Ayurveda (AIIA) will be final in this regard.

Application Fee (By Bank Demand Draft (DD) only):

1. All interested applicants must attach a Demand Draft for an amount of Rs.350/- (General & OBC), Rs.150/- (SC & ST Candidates)- along with application form.
2. Applications not supported by the appropriate copy of claimed certificate for the reservation category (under Application Fee relaxation) shall be considered, as General/unreserved and fee amount will be paid accordingly.
3. Application Fee: Bank Demand Draft (DD) in favor of “Director, All India Institute of Ayurveda” payable at New Delhi.
4. On backside of DD, candidate must mention - Candidate name, category and course applied for.
5. Application Fee once paid will not be refunded under any circumstances.

How to apply:

1. Candidates must apply in the prescribed format attached with this brochure.
2. Applications completed in all respects enclosing the self-attested copies of all certificates namely 10th and 12th and BAMS graduation certificates, BAMS Mark sheets, testimonials in support of age, nationality, educational qualifications, photocopy of Demand Draft (DD), caste/community in prescribed format by Govt. of India, the supporting documents along with application should be sent in an envelope superscripted.

“APPLICATION FOR AYURVEDA DIETITIAN COURSE FEBRUARY 2025 BATCH”

by registered / Speed-Post on or before the last date (28th February 2025), to:

The Dean, All India Institute of Ayurveda, (AIIA),

Goa Campus, Village- Dhargal, Taluka- Pernem,

Near Manohar International Airport Road, North Goa, Goa-403513.

3. Candidate must sign in the application form.
4. **Hard Copy Submission:** Candidate must send the hard copy of Application form along with self-attested copy of supporting documents on Institute address before 28th February 2025.
5. **Soft Copy Submission:** Before joining the course through Direct admission, candidate must send a scanned soft copy of the same hard copy of Application form along with self-attested copy of supporting documents, 2 Demand Drafts (DD) (Application Rs. 250/150 as per reservation + Course Fee Rs. 16,000), etc. in a single PDF format on Institute Email address: goa-office@aiaa.gov.in and aiiaswastha@gmail.com before 28th February 2025.
6. **Submission of Application form** along with self-attested copy of supporting documents, DD etc. **in both hard and soft copy** before 28th February 2025 is **mandatory**.
7. For queries: Ayurveda Dietitian Course Coordinator, Dr. Yogesh Shinde: 9028383505

Invalid Applications:

Candidates are advised to read all instructions carefully before sending their applications otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

1. Applications received after the closing date
2. Applications not in prescribed format
3. Candidates not having the required qualifications
4. Applications without latest photo not being pasted in the provided space
5. Applications without declaration
6. Application without signature
7. Applications without supporting documents
8. Applications, which are incomplete/illegible in any manner
9. Applications without the prescribed Application Fee (As applicable)
10. Application on another format not prescribed by AIIA.

Last Date of Receiving Application:

The last date for joining for Direct admission with all original documents -**28th Feb 2025.**

In case the last date and receipt of application is declared holiday, the date of receipt of the application will be considered as next working day.

FEE STRUCTURE FOR THE COURSE

AYURVEDA DIETITIAN COURSE FEE	
Admission Fee	Rs. 5000.00/-
Tuition Fee (Per Month Rs 1000/-)	Rs 6000.00/-
Caution Deposit (Refundable after completion of course)	Rs 5000.00/-
Assessment and Certification Fees	As per HSSC Norms
TOTAL FEE	RS. 16,000/-

Note:

1. Students have to comply to the Time Table and Protocol laid down by Skill India, Govt. of India and All India institute of Ayurveda.
2. The students shall complete all the Roles and Responsibilities along with Assignments allotted to them by Competent Authority from time to time.
3. The date of examination of the Course is scheduled by the Healthcare Sector Skill Council (HSSC), Skill India Program, Government of India.



**All India Institute of Ayurveda, (AIIA),
Goa Campus,
Village- Dhargal, Taluka- Pernem,
Near Manohar International Airport Road,
North Goa, Goa-403513.**

**APPLICATION FORM
(FOR AYURVEDA DIETICIAN COURSE)**

Name of the course: _____

Advertisement No: S/5/2023-AIIA

Category applied for: _____



(Affix one self-attested recent passport size
Photograph & an extra along with application)

Details of fee paid Amount for Application (Rs.): Bank DD No. _____ Dated: _____

Details of fee paid Amount for Admission (Rs.): 16,000/- Bank DD No. _____ Dated: _____

1. Name in full : _____
(CAPITAL letters)

2. Father's /Husband's Name: _____

3. Address: (CAPITAL letters)

(i) Present address (for correspondence, with phone/mobile No. & E-mail)-

Email Id: _____ **Mobile No:** _____

Email Id of Parent : _____ **Mobile No. of Parent :** _____

(ii) Permanent home address- _____

4. Date of Birth: dd ____ mm ____ yyyy ____ (in words) _____

Age : (as on closing date of application according to Matriculation Certificate) _____

5. Nationality (Enclose Gov I.D) : _____ **6. Sex:** Male Female

6.(a) Mother Tongue : _____

(b) Other language(s) which the applicant can speak read and write fluently: _____

7. Whether belongs to SC/ST/OBC/PWD/ Others _____

(in support, please enclose a certificate from authorized Issuing Officer)

8. Examinations passed (Please enclose attested copy of each certificate & mark-sheet):

Examination passed	Name of the Board/ University	Percentage of Marks	Distinction/Rank, if any
10th/Secondary / Any equivalent (Name)			
12th/Secondary/Any equivalent(name)			
B.A.M.S.		First to Final Year BAMS Marks Aggregate %	
Swasthavritta Subject Marks	Obtained Marks	Out of Total Marks	Swasthavritta Subject Marks Aggregate %

9. Additional information, if any which you would like to mention in support of your suitability for selection:

(Enclose separate sheet, if the space is insufficient in any column)

10. DECLARATION

I affirm that information given in this application is true and correct. I also fully understand that if at any stage it is discovered that any attempt has been made by me to willfully conceal or misrepresent the facts, my candidature may be summarily rejected or terminated.

Place: _____

Signature of the candidate

Date:- _____

(Name in CAPITAL letters)

Annexure

Check-list

1. Bank Demand Draft (Application Fee)
2. All details from column 1 -10 duly filled clearly
3. Point number 4 – attached proof of date of birth
4. Point number 5 – attached government I.D
5. Point number 7 – attached required document
6. Point number 8 – attached attested marks list and certificate
7. Point number 9 – attached required document, if any
8. Two Recent passport size photographs (same as on application)
9. Copy of conduct certificate from the last attended institution